

True HealthCare

Neonatal Intensive Care Skills Checklist Form

Full Name :

Date:

Directions for completing Skills Checklist:

The following is a list of equipment and/or procedures performed in rendering care to patients. Please indicate the level of experience/proficiency with each and, where applicable, the types of equipment and/or systems with which you are familiar. Use the following KEY as a guideline:

- A) **Theory Only/No Experience** - Didactic instruction only, no hands-on experience.
- B) **Limited Experience** - Knows procedure/has used equipment, but has done so infrequently or not within the last six months.
- C) **Moderate Experience** - Able to demonstrate equipment/procedure, performs the task/skill independently with only resource assistance needed.
- D) **Proficient/Competent** - Able to demonstrate/perform the task/skill proficiently without any assistance and can instruct/teach.

Living Healthier Together

A. CARDIOVASCULAR

A B C D

1. Assessment

- (a) Auscultation (Rate, Rhythm, Volume)
- (b) Blood Pressure/ Invasive (Arterial line)
- (c) Blood Pressure/ Non-Invasive
- (d) Heart Sounds/ Murmurs
- (e) Perfusion
- (f) Pulses
- 2. Equipment & Procedures**
- (a) EKG Interpretation
- (b) Defibrillation/ Cardioversion
- (c) Invasive Hemodynamic Monitoring
- (d) Central Venous Pressure
- 3. Care of the Neonate with**
- (a) Cardiac Arrest
- (b) Cardiac Transplant
- (c) Cardiomyopathy
- (d) Congenital Heart Disease/ Defects
- (e) Hemodynamic Instability
- (f) Hypovolemic Shock
- (g) Post Cardiac Surgery
- (h) Post Interventional Cardiac Cath
- 4. Medications**
- (a) Dobutamine
- (b) Dopamine
- (c) Epinephrine
- (d) Nipride
- (e) Sodium Bicarbonate

B. PULMONARY

- | | A | B | C | D |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Assessment | | | | |
| (a) Breath Sounds | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (b) Rate and Work of Breathing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Interpretation of Lab Results | | | | |
| (a) Blood Gases | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (b) Interpretation of x-ray reports | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Equipment & Procedures | | | | |
| (a) Airway Management | | | | |



- (I) Assist with Intubation
- (II) Bulb Syringe
- (III) CPAP (Nasal Prongs)
- (IV) Endotracheal Tube Stabilization
- (V) Endotracheal Tube Suctioning
- (b) Apnea Monitor
- (c) Cardiac Resuscitation
- (d) Apnea Monitor
- (I) Insertion
- (II) Removal
- (III) Set-up
- (e) ECMO (Extracorporeal Membrane Oxygenation)
- (f) O2Therapy Delivery Systems
- (I) Bag (Anesthesia) & Mask
- (II) Bag (Self-inflating) & Mask
- (III) Nasal Cannula
- (IV) Nebulizer
- (V) Oxyhood
- (VI) Tent
- (VII) Trach Collar
- (g) Obtaining Blood Gases
- (I) Arterial
- (II) Heelstick
- (III) Peripheral
- (IV) Umbilical Line
- (h) Thoracentesis
- (i) Use of Artificial Surfactant
- (j) Ventilator Care
- (I) CPAP/PEEP
- (II) High Frequency Jet Ventilator
- (III) Home Ventilator
- (IV) IMV
- (V) Oscillating
- (VI) Pressure Ventilator
- (VII) Volume Ventilator



- (k) Weaning
- 4. Care of the Neonate with**
- (a) Bronchopulmonary Dysplasia (BPD)
- (b) Cardiogenic/Hypovolemic Shock
- (c) Diaphragmatic hernia
- (d) Fresh Tracheostomy
- (e) Meconium Aspiration
- (f) Persistent Pulmonary Hypertention (PPHN)
- (g) Pneumothorax
- (h) Respiratory Distress Syndrome (RDS)
- (i) Respiratory Failure
- 5. Medications**
- (a) Aminophylline
- (b) Prostaglandin

C. NEUROLOGICAL	A	B	C	D
1. Assessment				
(a) Intracranial Pressure Monitoring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) Neurological Status	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Care of Neonate with				
(a) Brain Death/ Organ Procurement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) Externalized VP Shunt/ Reservoirs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(c) Increased Intracranial Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(d) Meningitis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(e) Seizures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Medications				
(a) Anticonvulsant Medication	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

D. GASTROINTESTINAL	A	B	C	D
1. Assessment				



- (a) Abdominal Girth
- (b) Bowel Sounds
- (c) Palate
- (d) Suck/Swallow
- 2. Equipment & Procedures**
- (a) Abdominal Girth
- (b) Feeding
- (I) Assist with Breast Feeding
- (II) Bottle
- (III) Breast Milk Handling/ Storage
- (IV) Gavage
- (c) Hospital Grade Electric Breast Pump
- (d) Placement of Intestinal Tubes
- (I) Jejunal Gastro
- (II) Nasogastric/Orogastric
- (e) Test for Occult Blood
- 3. Care of the Neonate with**
- (a) Cleft Palate
- (b) Colostomy/Ileostomy
- (c) Gastroschisis/Omphalocele
- (d) GI Bleeding
- (e) Inguinal Hernia
- (f) Necrotizing Enterocolitis (NEC)
- (g) Post Abdominal Surgery
- (h) Reflux Precautions
- (i) Tracheoesophageal Fistula (TEF)

E. ENDOCRINE/METABOLIC

- | | A | B | C | D |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Assessment | | | | |
| (a) Finnegan <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (b) Fluid & Electrolyte Balance <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Interpretation of Lab Results | | | | |
| (a) Bilirubin <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (b) Test Urine and Interpret | | | | |
| (I) Glucose <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (II) Labstix <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (III) Occult Blood <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (IV) pH <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| (V) Specific Gravity <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Equipment & Procedures | | | | |
| (a) Collection of Urine Specimens <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



- (I) Assist with Supra Pubic Tap
- (II) Catheter
- (III) Diaper/Bag
- (b) Phototherapy for Jaundice
- (c) Post Circumcision Care
- 4. Care of the Neonate with**
- (a) Acute Renal Failure
- (b) DIC (Disseminated Intravascular Coagulation)
- (c) Disorders of Internal/External Organs
- (d) Drug Addiction/Withdrawal
- (e) Hypo/Hyperkalemia
- (f) Hypo/Hyponatremia
- (g) IDM (Infant of a Diabetic Mother)
- (h) Malformation of the GU Tract, Kidney
- (i) Peritoneal Dialysis

F. INFECTIOUS DISEASES	A	B	C	D
1. Interpretation of Lab Results				
(a) CBC/Differential	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) Culture Reports	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(c) Maternal Lab Results	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Equipment & Procedures				
(a) Assist with Lumbar Puncture	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) Maternal Lab Results	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(c) Isolation Techniques	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(d) Standard (Universal) Precautions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Care of the Neonate with				
(a) Hepatitis Surface Antigen+ Mother	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) HIV Positive Mother	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(c) Neonatal Sepsis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Medications - Immunizations				
(a) HBIG	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(b) HBV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(c) HIV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(d) Polio	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(e) DPT	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(f) RespiGam/Synergis Prophylaxis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

G. PHLEBOTOMY/IV THERAPY	A	B	C	D
1. Equipment & Procedures				
(a) Administration of Blood/ Blood Products				

- (I) Cryoprecipitate
- (II) Packed Red Blood Cells
- (III) Plasma/Albumin
- (IV) Whole Blood
- (b) Delivery Systems
 - (I) IV Pump
 - (II) Syringe Pump
- (c) Drawing Blood from Central Line
- (d) Drawing Venous Blood
- (e) Hyperlimentation/TPN
- (f) Intralipid
- (g) Managing IV Therapy
 - (I) Discontinuing
 - (II) Dressing & Tubing Change
 - (III) Rate Calculation
 - (IV) Site & Patency Assessment
- (h) Starting IVs
 - (I) Angiocath
 - (II) Butterfly
 - (III) Heparin Lock

2. Care of Neonate with

- (a) Central Line/Catheter/Dressing Products
 - (I) Broviac
 - (II) Groshong
 - (III) Hickman
 - (IV) Portacath
 - (V) Quinton
- (b) Percutaneous Arterial Line
- (c) Percutaneous Venous Line
- (d) Peripheral Line/Dressing
- (e) PICC (Peripherally Inserted Central Catheter)
- (f) Umbilical Artery Line
- (g) Umbilical Venous Line

H. PAIN MANAGEMENT

- 1. Assessment of Pain Level
- 2. Care of the Neonate with Sedation, i.e. Morphine

I. MISCELLANEOUS



1. Assessment

- (a) Apgar Scoring
- (b) Eye Exam (r/o Retinopathy)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- (c) Gestational Age

(I) Ballard

(II) Dubowitz

(III) Other (Specify)

- (d) Maternal History

- (e) Screen for Hearing Loss

2. Equipment & Procedures

- (a) Bereavement/Postmortum Care

- (b) Consents

(I) Immunization

(II) Procedural

(III) Treatment

- (c) Cord Care

- (d) Neonatal Skin Care

- (e) Positioning Devices

- (f) Preparation for Transport/Transfer

- (g) Thermoregulation

(I) Isolette with Humidity

(II) Radiant Warmer

(III) Temperature (Axillary, rectal, skin)

(IV) Weaning to Open Crib/Bassinet

- (h) Weights

(I) Bed Scale

(II) Scale

3. Medications

- (a) Calculation of Dosage

- (b) Emergency Drug Action and Reaction

- (c) Eye Prophylaxis - Vitamin K

- (d) Neonatal Drug Action and Reaction

The information I have given is true and accurate to the best of my knowledge. I hereby authorize Cambay Consulting, LLC. to release my Long Term Skills Checklist to client facilities of Cambay in relation to consideration of employment as a Traveler with those facilities.

Signature

Date

Address

Phone