

True
HealthCare
Name:

Emergency Room Checklist

Date:

Years of Experience:

A. CARDIOVASCULAR

1. Assessment

- a. Auscultation (rate, rhythm)
- b. Doppler
- c. Heart sounds/murmurs

A	B	C	D
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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Equipment & procedures

a. Assist with insertion and set up

- (1) Arterial line
- (2) Central venous line
- (3) PA catheter/Swan-Ganz
- (4) Pacemaker

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

b. Cardioversion

c. Interpretation of waveforms & values

- (1) A-line
- (2) CVP

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<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

d. Monitoring

- (1) Basic 12 lead interpretation
- (2) Basic arrhythmia interpretation

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Care of the patient with:

- a. Acute MI
- b. Aneurysm
- c. Angina

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○

d. Cardiac arrest

○ ○ ○ ○

e. Congestive heart failure (CHF)

○ ○ ○ ○

f. Myocarditis

○ ○ ○ ○

4. Medications

Directions for completing skills checklist:

The following is a list of equipment and/or procedures performed in rendering care to patients. Please indicate your level of experience/proficiency with each area and, where applicable, the types of equipment and/or systems you are familiar with. Use the following key as a guideline:

- A) Theory Only/No Experience--Didactic instruction only, no hands on experience
- B) Limited Experience--Knows procedure/has used equipment, but has done so infrequently or not within the last six months
- C) Moderate Experience--Able to demonstrate equipment/procedure, performs the task/skill independently with only resource assistance needed.
- D) Proficient/Competent--Able to demonstrate/perform the task/skill proficiently without any assistance and can instruct/teach.



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○ ○ ○ ○
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○ ○ ○ ○

a. ACLS drugs

- (1) Atropine
- (2) Bretylium (Bretylol)
- (3) Epinephrine (Adrenalin)
- (4) Lidocaine (Xylocaine)
- (5) Procainamide (Pronestyl)
- (6) Sodium bicarbonate

○ ○ ○ ○
○ ○ ○ ○

b. Other

- (1) Adenosine (Adenocard)
- (2) Amiodarone (Cordarone)
- (3) Digoxin (Lanoxin)
- (4) Diltiazem (Cardizem)
- (5) Dobutamine (Dobutex)
- (6) Dopamine (Intropin)
- (7) Esmolol (Brevibloc)
- (8) Lasix (Furosemide)
- (9) Nitroglycerin (Tridil)
- (10) Nitroprusside (Nipride)
- (11) Thrombolytic therapy

○ ○ ○ ○
○ ○ ○ ○
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B. PULMONARY

1. Assessment

- a. Breath sounds
- b. Rate and work of breathing

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○ ○ ○ ○

2. Interpretation of lab results

- a. Arterial blood gases

○ ○ ○ ○

3. Equipment & procedures

a. Airway management devices/suctioning

- (1) Endotracheal tube/suctioning
- (2) Nasal airway/suctioning
- (3) Oropharyngeal/suctioning
- (4) Sputum specimen collection
- (5) Tracheostomy/suctioning

○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○

b. Assist with extubation

○ ○ ○ ○

c. Assist with intubation

○ ○ ○ ○

d. Assist with thoracentesis

○ ○ ○ ○

e. Care of the patient on a ventilator

○ ○ ○ ○

f. Care of the patient with a chest tube

○ ○ ○ ○

○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○
○ ○ ○ ○

- (1) Assist with set-up & insertion ○ ○ ○ ○
- (2) Measuring ○ ○ ○ ○
- (3) Removal ○ ○ ○ ○
- g. Measure peak flow ○ ○ ○ ○
- h. Obtaining arterial blood gases
 - (1) Arterial line ○ ○ ○ ○
 - (2) Femoral artery ○ ○ ○ ○
 - (3) Radial artery ○ ○ ○ ○
- i. O2 therapy & medication delivery systems
 - (1) Bag and mask ○ ○ ○ ○
 - (2) ET tube ○ ○ ○ ○
 - (3) External CPAP ○ ○ ○ ○
 - (4) Face masks ○ ○ ○ ○

- (5) Inhalers
- (6) Nasal cannula
- (7) Nebulizer
- (8) Portable O2 tank
- (9) T-piece ○ ○ ○ ○
- (10) Trach collar ○ ○ ○ ○

- j. Pulse oximetry ○ ○ ○ ○
- k. Trouble shooting high pressure alarms ○ ○ ○ ○
- l. Trouble shooting low pressure alarms 4. ○ ○ ○ ○

Care of the patient with:

- a. Aspiration ○ ○ ○ ○
- b. COPD ○ ○ ○ ○
- c. Hemopneumothorax ○ ○ ○ ○
- d. Laryngospasm ○ ○ ○ ○
- e. Pneumonia ○ ○ ○ ○
- f. Pneumothorax ○ ○ ○ ○
- g. Pulmonary edema ○ ○ ○ ○
- h. Pulmonary embolism ○ ○ ○ ○
- i. Tension pneumothorax ○ ○ ○ ○
- j. Tuberculosis ○ ○ ○ ○

5. Medications

- a. Aminophylline (Theophylline) ○ ○ ○ ○
- b. Bronkosol (Isoetharine hydrochloride) ○ ○ ○ ○
- c. Epinephrine (Adrenalin) ○ ○ ○ ○



- d. Isuprel (Isoproterenol hydrochloride)
- e. Steroids
- f. Terbutaline

C. NEUROLOGICAL 1.

Assessment

- a. Advanced neuro assessment
 - (1) Glasgow coma scale
 - (2) Reflex/motor deficits
 - (3) Visual or communications deficits
- b. Level of consciousness

2. Equipment & procedures

- a. Assist with lumbar puncture
- b. Increased ICP management
 - (1) Medications
 - (2) Positioning
 - (3) Regulation of ICP
 - (4) Temperature control
 - (5) Ventilation
- c. Intracranial pressure monitoring

Care of the patient with:

- a. Basal skull fracture
- b. Closed head injury
- c. CVA
- d. DTs
- e. Encephalitis
- f. Externalized VP shunts



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- g. Meningitis
- h. Neuromuscular disease
- i. Overdose
- j. Seizures
- k. Spinal cord injury

4. Medications

- a. Decadron (Dexamethasone)
- b. Dilantin (Phenytoin)
- c. Mannitol (Osmitrol)
- d. Phenobarbital
- e. Solu-Medrol (Methylprednisolone sodium succinate)

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D. ORTHOPEDICS

1. Assessment

- a. Circulation checks
- b. Gait
- c. Range of motion
- d. Skin

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-
-
-

2. Equipment & procedures

- a. Assist with placement of cast
- b. Support devices
 - (1) Cane/crutch
 - (2) Cervical collar
 - (3) Sling
 - (4) Transfer boards

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-

3. Care of the patient with:

- a. Ankle brace
- b. Ankle splint
- c. Cast
- d. Knee immobilizer
- e. Pinned fractures
- f. Wrist splint

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-

E. GASTROINTESTINAL

1. Assessment

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-
-
-
- a. Abdominal/bowel sounds
- b. Fluid balance
- c. Nutritional status
- 2. Interpretation of blood chemistry
- 3. Equipment & procedures
 - a. Placement of nasogastric tube
 - b. Salem sump to suction
 - c. Saline lavage
- 4. Care of the patient with:
 - a. Abdominal trauma
 - b. Bowel obstruction
 - c. GI bleeding
 - d. Hepatitis
 - e. Liver failure
- 5. Medications
 - a. Antiemetics
 - b. Antispasmodic
 - c. Charcoal
 - d. Ipecac

F. RENAL/GENITOURINARY

- 1. Assessment - Fluid balance
- 2. Interpretation of lab results
 - a. BUN & creatinine
 - b. Electrolytes
- 3. Equipment & procedures
 - a. Insertion & care of straight and Foley catheter
 - (1) Female
 - (2) Male
 - b. Urine specimen collection
- 4. Care of the patient with
 - a. Acute renal failure
 - b. Peritoneal lavage
 - c. Renal trauma
 - d. Urinary tract infection

G. ENDOCRINE/METABOLIC

- 1. Assessment

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

a. S/S diabetic coma

○ ○ ○ ○

b. S/S insulin reaction

○ ○ ○ ○

2. Equipment & procedures

a. Blood glucose monitoring

(1) Electronic measuring device:

Type :

(2) Performing finger stick

○ ○ ○ ○

3. Care of the patient with:

a. Diabetic ketoacidosis

○ ○ ○ ○

4. Medications

a. Insulin

○ ○ ○ ○

b. Oral hypoglycemics

○ ○ ○ ○

H. WOUND MANAGEMENT/SURGICAL

1. Equipment & procedures

a. Application of Steristrips

○ ○ ○ ○

b. Assist with staples

○ ○ ○ ○

c. Assist with sutures

○ ○ ○ ○

d. Culdocentesis tray

○ ○ ○ ○

e. Set up suture tray

○ ○ ○ ○

f. Staple removal

○ ○ ○ ○

g. Suture removal

○ ○ ○ ○

I. EENT

1. Assessment

a. Set up fluorescent/Woods lamp exam

b. Visual acuity

2. Equipment & procedures

a. Application of eye patch

b. Ear irrigation

c. Eye irrigation

d. Morgan lens irrigation

○ ○ ○ ○

e. Nasal packing

○ ○ ○ ○

f. Removal of contact lens

○ ○ ○ ○

J. TRAUMA/SHOCK

1. Assessment

a. Champion trauma score

○ ○ ○ ○

b. Poison index

○ ○ ○ ○

○ ○ ○ ○

- ○ ○ ○
- ○ ○ ○
- ○ ○ ○
- ○ ○ ○
- c. Triage ○ ○ ○ ○
- 2. Equipment & procedures
 - a. Air transport of trauma patient ○ ○ ○ ○
 - b. Application of mast suit ○ ○ ○ ○
 - c. Ground transport ○ ○ ○ ○
- 3. Care of the patient with:
 - a. Bites, animal ○ ○ ○ ○
 - b. Bites, human ○ ○ ○ ○
 - c. Bites, venomous snake ○ ○ ○ ○
 - d. Bites, venomous spider ○ ○ ○ ○
 - e. Burns
 - (1) Rule of nines ○ ○ ○ ○
 - (2) First degree ○ ○ ○ ○
 - (3) Second degree ○ ○ ○ ○
 - (4) Third degree ○ ○ ○ ○
 - f. Dehydration ○ ○ ○ ○
 - g. Electrocution ○ ○ ○ ○
 - h. Gunshot/stab wound ○ ○ ○ ○
 - i. Hazardous material exposure ○ ○ ○ ○
 - j. Heat exhaustion/stroke ○ ○ ○ ○
 - k. Hypothermia ○ ○ ○ ○
 - l. Major trauma ○ ○ ○ ○
 - m. Minor trauma ○ ○ ○ ○
 - n. Radiation exposure ○ ○ ○ ○
 - o. Shock
 - (1) Anaphylactic ○ ○ ○ ○
 - (2) Cardiogenic ○ ○ ○ ○
 - (3) Hypovolemic ○ ○ ○ ○
 - (4) Neurogenic ○ ○ ○ ○
 - (5) Septic ○ ○ ○ ○
 - p. Traumatic amputation ○ ○ ○ ○

K. INFECTIOUS DISEASES

- 1. Interpretation of lab values - CBC, SMA 7 ○ ○ ○ ○
- 2. Equipment & procedures

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

○ ○ ○ ○

- a. Fever management
- b. Isolation



○ ○ ○ ○

3. Care of the patient with AIDS

L. PHLEBOTOMY/IV THERAPY/INVASIVE PROCEDURES

1. Equipment & procedures

a. Administration of blood/blood products

- (1) Autotransfusion ○ ○ ○ ○
- (2) Cryoprecipitate ○ ○ ○ ○
- (3) Packed red blood cells ○ ○ ○ ○
- (4) Plasma/albumin ○ ○ ○ ○
- (5) Whole blood ○ ○ ○ ○

b. Assist with cutdown ○ ○ ○ ○

c. Drawing venous blood ○ ○ ○ ○

d. Starting IVs

- (1) Angiocath ○ ○ ○ ○
- (2) Butterfly ○ ○ ○ ○
- (3) Heparin lock ○ ○ ○ ○

2. Care of the patient with:

a. Angiography ○ ○ ○ ○

b. Central line/catheter/dressing

- (1) Broviac/Hickman ○ ○ ○ ○
- (2) Groshong ○ ○ ○ ○
- (3) PICC ○ ○ ○ ○
- (4) Portacath ○ ○ ○ ○

c. Pericardiocentesis ○ ○ ○ ○

M. PAIN MANAGEMENT

1. Assessment of pain level/tolerance ○ ○ ○ ○

2. Care of the patient with:

a. Epidural anesthesia/analgesia ○ ○ ○ ○

b. IV conscious sedation ○ ○ ○ ○

N. PEDIATRICS

1. Equipment & procedures

a. Child abuse/recognition/reporting ○ ○ ○ ○

b. Obtaining consent to treat ○ ○ ○ ○

c. Pediatric arrest ○ ○ ○ ○

2. Care of the patient with:

a. Epiglottitis ○ ○ ○ ○

b. Near drowning ○ ○ ○ ○

c. Overdose/poison ingestion ○ ○ ○ ○

d. Status asthmaticus ○ ○ ○ ○

e. Status epilepticus

O. WOMEN'S HEALTH

1. Assessment - Assist with pelvic exam

2. Equipment & procedures

a. Pelvic tray

b. Rape kit

c. Reporting acts of violence

3. Care of the patient with:

a. Abruptio placenta

b. DIC

c. Hemorrhage

d. Placenta previa

e. Precipitous delivery

f. Preeclampsia/eclampsia

g. Spontaneous abortion

P. MISCELLANEOUS

1. AMA procedures yes no

2. Suicide precautions yes no

AGE SPECIFIC PRACTICE

A. Newborn/Neonate (birth - 30 days)	D. Preschooler (3 - 5 years)	G. Young adults (18 - 39 years)
B. Infant (30 days - 1 year)	E. School age children (5 - 12 years)	H. Middle adults (39 - 64 years)
C. Toddler (1 - 3 years)	F. Adolescents (12 - 18 year :)	I. Older adults (64+)

EXPERIENCE WITH AGE GROUPS

Able to adapt care to incorporate normal growth and development. A B C D E G H I

Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.

Can ensure a safe environment reflecting specific needs of various age groups.

My experience is primarily in: (Please indicate number of years)

Medical _____ year(s) _____ _____
 _____ year(s) _____ _____
 _____ year(s) _____ _____
 _____ Cardiothoracic _____ year(s) _____ year(s)

Neuro

Neurological Cardiovascular year(s) Burn year(s)

Trauma Coronary care year(s) PACC year(s)

Other (specify)year(s)

The information I have given is true and accurate to the best of my knowledge. I hereby authorize True Consulting, LLC to release Emergency Room Skills Checklist to client facilities of True in relations to consideration of employment as a Traveler with those facilities.

Signature

Date

Address

Phone

